

PAPAYA BERRY YOGHURT

Australian papaya is in season and Missy Peacharoo has been busy creating a scrumptious papaya recipe for all to enjoy! Children, this is a simple dish you can do with Mum or Dad.

INGREDIENTS

- 1 papaya
- Maleny yoghurt
- Blueberries
- Strawberries
- Cinnamon

METHOD

Cut the papaya horizontally into 2 halves and scoop out the seeds.

Add the strawberries, blueberries inside each halve.

Add cinnamon into the yoghurt.

Add a few dollops of Maleny Yoghurt and top with more berries.

MISSY PEACHAROO™

HELP MISSY PEACHAROO FIND HER WAY TO
ENJOY SOME DELICIOUS FRUIT AND VEGETABLES



START

HOP INTO
HEALTH

FINISH



NAME: _____ AGE: _____

BOOK ME FOR YOUR NEXT BIRTHDAY!